



## Eleanor Handley

Eleanor has been working as an Executive Coach and Communications Specialist for over a decade. Drawing on theory and proven techniques from her extensive vocal and performance training, and with an emphasis on experiential learning, she has refined a reliable, practical approach for targeting unhelpful mindsets and habits.

An Associate at byrne-dean for over five years, Eleanor is committed to making powerful ideas concrete and actionable; driving best practice out of the workshop and into the workplace.

## Experience

**Training & facilitation** – Eleanor has wide-ranging experience designing and facilitating interactive training experiences. She provides participants with concrete communication tools and strategies for navigating the most difficult and consequential workplace conversations, including:

- Executive Presence / Women’s Executive Presence
- Difficult / Critical Conversations
- Effective Feedback
- Goal Setting and Team Building
- Business Development
- Presentation Skills

**1:1 work and coaching** – Eleanor has partnered with professionals across a broad range of sectors to greatly improve their presence, impact and effectiveness at work. From partners at global law firms to students and faculty at Columbia Business School, clients tend to arrive faced with a professional plateau, transition or even stumbling block. They work to identify, investigate and disrupt reflexive behaviours in service of accessing a more adaptive professional tool-kit, and achieving next-level career goals.

**Drama based learning** – Eleanor has extensive experience designing, facilitating and acting for role-play based training. She has witnessed first hand the power of creating a safe space for participants to try ideas on for size, adapting high level concepts to their own voice and authentic style.

**Artistic Background** – Eleanor also specializes in accent modification and dialect training, and has built a career performing on stages and screens throughout North America, most recently at Lincoln Center in New York City.

## Qualifications

Bachelor of Creative Arts / Diploma of Modern Languages, University of Melbourne

Masters in Fine Arts, New School for Drama, NYC

Columbia Coaching Certification Program, Columbia University, NYC