

# SUPPORT ADELAIDE NATIONAL PARK CITY\*



Would you like to help make Adelaide a National Park City?



The first and most simple action you can take is to **sign the Charter** at [adelaidenationalparkcity.org](https://adelaidenationalparkcity.org) to show your support. If you're keen to take more action then here are some suggestions.

## WHAT CAN EVERYONE DO?

- \* **CONNECT:** next time you're outside, pause. Notice that family of screeching cockatoos or tiny honeyeaters in your local park, the bark on the enormous gum tree on your regular walk, or a bottlebrush tree abuzz with bees. This is the beauty of the wild. Go for a walk or take your meal outside and admire what's around you. Ask a friend to meet you outdoors for a picnic or a walk.
- \* **GROW:** if you have a patch of soil to call your own (or a pot), then get your hands dirty by putting in a new tree, bush or herbs. You can even look after mature trees and plants around you, perhaps on the nature strip outside your home. If there's no way to avoid cutting down a tree, then plant a replacement tree or shrub somewhere else.
- \* **HAVE A GO:** promote and learn about the environment. Share photos when you connect with nature on social media with **#AdelaideNationalParkCity #NationalParkCity**. Feel empowered to look after your backyard, street, park or coastline by going to an event or joining a community group, or take part in a citizen science program like FrogWatch SA or the Aussie Backyard Bird Count.
- \* **DISCOVER KAURNA CULTURE:** take a walk on the Adelaide Kaurna Trail, learn about the Tjilbruke story, learn some Kaurna words through the Kaurna Language Hub or find a local event near you to meet Kaurna elders and storytellers.
- \* **WORK AND LIVE MORE THOUGHTFULLY:** live your life with as little polluting and damage as you can. Stay on tracks and trails, use less plastic or single-use items, switch off lights in an empty room. Reduce, reuse and recycle.