

NAME:

MONEY SEX POWER WORKSHOPS



WELCOME TO THE BETTER U WORKSHOPS!

We are so glad you are with us.

For the next six weeks, we will be providing interactive and practical resources around the “big three” in life – money, sex, and power.

How should a follower of Jesus interact with these three giants of the human experience? What advice, what guardrails, and what recommendations can we find in the Bible?

These workshops, presented by key speakers and professionals, will empower YOU to become a BETTER U in these three important areas of your life:

Week 1 - Jan 11 / MONEY: God Owns It

Speakers: Bruce Wong + Carlene Hornby Allen

Week 2 - Jan 18 / MONEY: Overcoming Greed

Speakers: Bruce Wong + Carlene Hornby Allen

Week 3 - Jan 25 / SEX: God Designed It

Speaker: David Minor

Week 4 - Feb 1 / SEX: Overcoming Lust

Speaker: David Minor

Week 5 - Feb 8 / POWER: God Controls It

Speakers: Mick Nelson + Andy Gabruch

Week 6 - Feb 15 / POWER: Overcoming Pride

Speakers: Mick Nelson + Andy Gabruch

If you have any questions, feel free to reach out to us anytime. We invite you to journey with us in our latest BETTER U workshop series covering the topics of money, sex, and power.

God's best,
Andy, Mick, Adriano, Anna, Rebecca
Broadway Discipleship Team

“Ageless Wisdom for the Age We Live In.”

*These are the wise sayings of Solomon,
David's son, Israel's king—
Written down so we'll know how to live well and right,
to understand what life means and where it's going;
A manual for living,
for learning what's right and just and fair;
To teach the inexperienced the ropes
and give our young people a grasp on reality.
There's something here also for seasoned men and women,
still a thing or two for the experienced to learn—
Fresh wisdom to probe and penetrate,
the rhymes and reasons of wise men and women.*

Proverbs 1:4-6
(The Message)

OUR PRESENTS



Bruce Wong

Bruce is the current Board Treasurer of Broadway Church and has extensive influence and experience in church finances and personal stewardship. He is a Chartered Professional Accountant and is the VP of Taxation at a private equity firm. Bruce will be leading us in the key area of money. We are excited to have him as a BETTER U presenter.



Carlene Hornby Allen

As a Broadway Church member, Carlene has served in various non-profit and for-profit roles. She is currently serving on the General Executive of The Pentecostal Assemblies of Canada and is a tax partner with KPMG. As a UBC graduate of Chartered Accountants, she will be partnering with Bruce to offer the best practices on money as one of the “big three” in our lives.



David Minor

We are pleased to have David with us again as a BETTER U presenter. As a clinical counselor and therapist, David specializes in counselling and coaching in areas of mental health, disorders, and faith + spirituality. David will be bringing his expertise around the topic of sex as one of the “big three”. It is a privilege to have David with us!



Mick Nelson

It is an honor to have Dr. Mick Nelson join us for the Better U workshops. He is a long-term staff member of Broadway Church and a life-long learner. Dr. Mick will be providing key insights on the topic of power in our lives. He will present why we struggle in this area and how to find hope.



Andy Gabruch

Andy is entering his 20th year of pastoral ministry. He has been involved in various leadership initiatives with local governments, churches, the Pentecostal Assemblies of Canada, and with high schools. He currently serves at Broadway Church and will be leading a BETTER U session on how to deal with power as a follower of Jesus.

WEEK 1 - MONEY: GOD OWNS IT

Speakers: Bruce Wong + Carlene Hornby Allen

God Owns It

Foundational Financial Principles to be Free from the Idol of Greed

Biblical Principles

- God's wisdom
- Trust
- Ownership vs. stewardship
- Examples of the Israelites – worship and thanksgiving
- Tithe and generosity

Financial Principles

- Pay yourself
- Stay invested – principle of compounding
- Risk/reward relationship
- Balancing growth, security, and returns
- Budgeting

NEXT STEPS

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WEEK 2 – MONEY: OVERCOMING GREED

Speakers: Bruce Wong + Carlene Hornby Allen

BUDGET 2023

BUDGET

		2023	JAN	FEB	MARCH
Income		60,000			
Expenses:					
Tithe and Giving		6,500			
Taxes		5,350			
Savings incl RRSP/TFSA		6,000			
Rent/Mortgage		12,000			
Maintenance		3,600			
Property Taxes		1,000			
Food		6,000			
Entertainment		4,000			
Travel		1,000			
Gifts		200			
Christmas		300			
Insurance - Home		200			
Insurance - Vehicle		900			
Medical/Dental Expenses		300			
Repairs - Home		300			
Repairs - Vehicle		300			
Furniture		40			
Garden/Yard		200			
Home Miscellaneous		500			
Miscellaneous		600			
Parking		120			
Telephones		1,800			
Hydro		5,600			
Online Subscriptions		50			
Gas		600			
Transit		0			
Clothes		500			
Parking Tickets, Licenses, BCAA		100			
Hair		200			
Dryclean (plus mending)		75			
Lunches		600			
Interest		300			
Technology		500			
Personal Care		250			
TOTAL		59,985	-	-	-

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WEEK 3 - SEX: GOD DESIGNED IT

Speaker: David Minor

My Hope for You

My deep desire and prayer is that you would walk away from this workshop with a new vision for how God wants to use your sexuality for his glory. Having been given this vision I pray that you will make a commitment to sharing this with another believer and encourage them to do the same.

Questions for, for Personal Reflection and/or Group Discussion

1. Do you think it's important for us in the Church to talk about sex? Why or why not?
2. What barriers or fears prevent you from having open honest discussions about sexuality?
3. How has your understanding of sexuality been shaped by things other than God's vision for sex? If you don't know, pray and ask God to reveal this to you.
4. What would it look like to repent (come back to God's perspective) regarding this belief?

5. Sexuality is a Holy metaphor of a God who invites us into a covenant relationship with himself (Ephesians 5:31-33). How does this impact your view of sex?
6. Pray and ask God for His vision of how he wants to use your sexuality for his glory and kingdom purpose.
7. Who is someone that you can share what God has shown you? Make a commitment to sharing it with this person.
8. Who is someone that you can disciple and/or be disciplined by in the area of sexuality? Make a commitment to asking this person if they'd be open to this relationship.

Resource for Further Study: Rethinking Sexuality by Dr. Juli Slattery

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WEEK 4 – SEX: OVERCOMING LUST

Speaker: David Minor

My Hope for You

My deep desire and prayer is that you would walk away from this workshop with a personalised plan for how to overcome sexual sin in your own life. Having experienced freedom and joy I pray that you would commit to sharing this knowledge with another believer and sharing your story in the Church so that others may experience freedom from sexual bondage.

1. What is the biggest barrier for you to experience freedom from sexual sin? If you don't know, pray and ask God to reveal it to you.
2. Do you have someone in your life who you can share your struggles with and who can encourage you and hold you accountable? If not, pray for God to provide you with someone.
3. What would it look like for you to "cut your right hand off" so to speak, with regards to sexual purity?
4. How do you think God views you in your struggle with sexual sin?
5. Pray and ask God for a vision of how he actually thinks of you.

6. Is there anything in your life that you are clinging on to for your happiness other than God? If so, surrender that to God and commit/recommit your life to him.
7. Pray and ask God to fill you afresh with his Holy Spirit.
8. As you begin to experience freedom from sexual sin, pray and ask God who he might God be leading you to share your story with and encourage on their own journey. Make a commitment to ask this person if you can play this role in their life.

Resources for Further Study - Pure Desire by Ted Roberts

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WEEK 5 – POWER: GOD CONTROLS IT

Speaker: Mick Nelson

1. The Great Tension: If God is in Control, Why Won't I Trust Him?
2. The Roots of Control Issues
3. Control vs. Empowerment
4. The Great Paradox

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WEEK 6 – POWER: OVERCOMING PRIDE

Speaker: Andy Gabruch

"Have the same attitude as Christ Jesus." (Philippians 2:5)

"In general, pride is at the bottom of all great mistakes." – John Ruskin

1. Practically speaking, what is humility?
 - a. Humility provides _____ .
 - b. Humility provides _____ .
 - c. Humility provides _____ .

Reflection: How can you grow in intellectual humility?

2. What does humility look like in relationships?
 - a. Humility meets _____ .
 - b. Humility is eager to _____ .
 - c. Humility is _____ .

Reflection: How can you grow in relational humility?

3. What does humility look like at the workplace?

a. Humility _____ .

b. Humility _____ .

c. Humility _____ .

Reflection: How can you grow in career humility?

4. What does humility look like as a follower of Jesus?

a. Jesus is the ultimate example of _____ .

b. Jesus is the ultimate example of _____ .

c. Jesus is the ultimate example of _____ .

Reflection: How can you grow in spiritual humility?

*"Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too."
(Philippians 2:3-4)*

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