COVID-19:
New testing and isolation protocols in a high caseload environment

GOVERNMENT OF WESTERN AUSTRALIA

I have tested positive for COVID-19

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know when and how long you need to isolate for if you are COVID-19 positive.
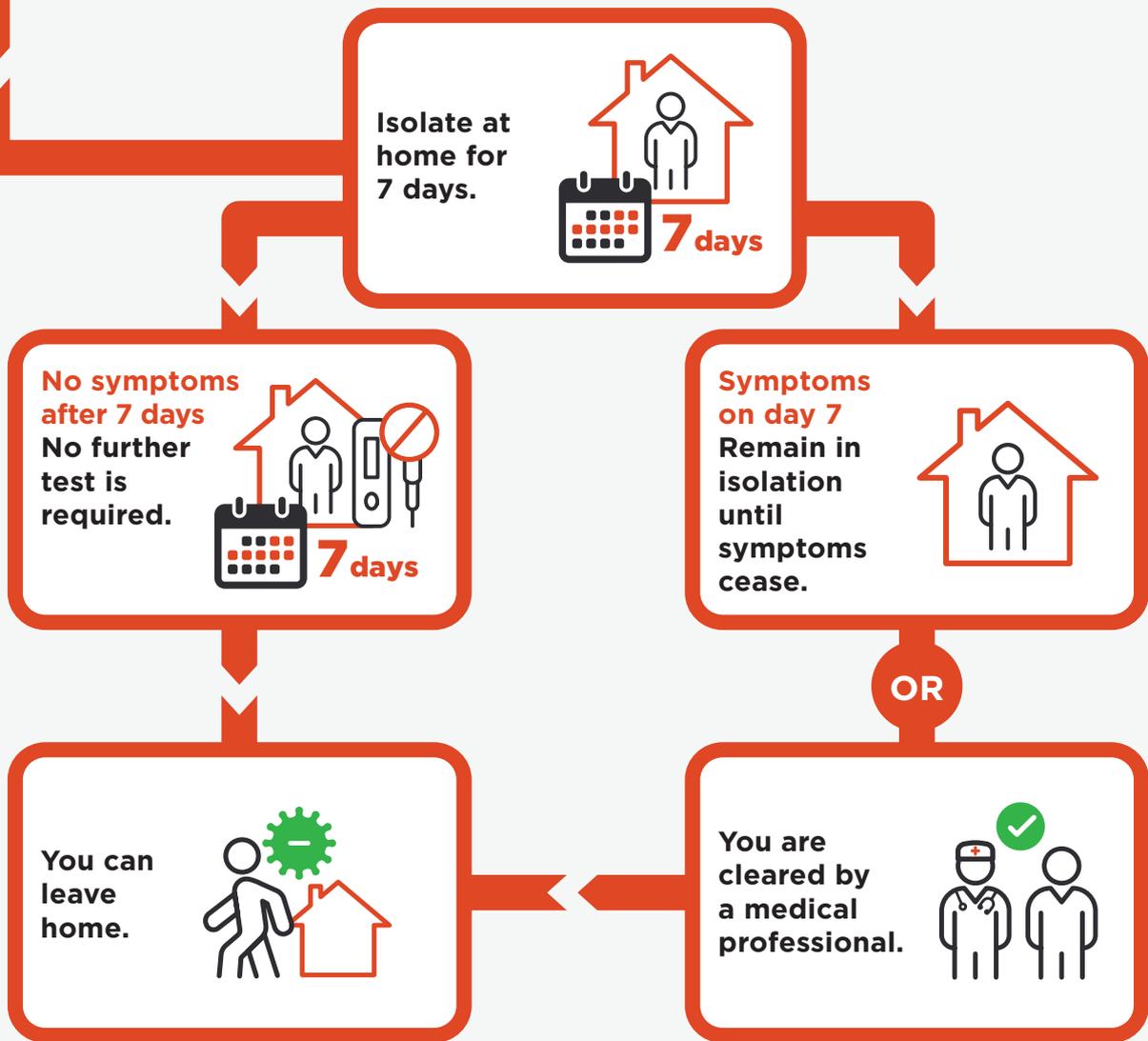
Isolate at home for 7 days.

7 days

No symptoms after 7 days No further test is required.

7 days

Symptoms on day 7 Remain in isolation until symptoms cease.

OR

You can leave home.

You are cleared by a medical professional.

Symptoms include:

Fever

Sore/scratchy throat

Runny nose

Fatigue

Shortness of breath

Dry cough

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COVID-19:
New testing and isolation protocols in a high caseload environment

I am a close contact and have no symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know what to do if you are a close contact but have no symptoms.
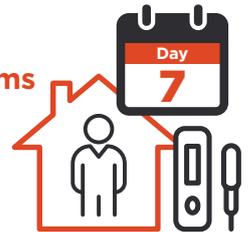
Isolate for 7 days from date of contact.

7 days

Monitor for symptoms.

Symptoms
Refer to 'I am not a close contact and I have symptoms' protocol.

No symptoms
Take a RAT on day 7.

Day 7

Test positive
Refer to the 'I have tested positive to COVID-19' protocol.

Test negative
You can leave your home after day 7 of isolation, providing there are no new cases in your household.

Symptoms include:

- Fever
- Runny nose
- Fatigue
- Sore/scratchy throat
- Dry cough
- Shortness of breath

If someone in your household tests positive, isolate for 7 days (start this process again).

7 days

GOVERNMENT OF WESTERN AUSTRALIA

COVID-19:
New testing and isolation protocols in a very high caseload environment

I am a close contact and a critical worker

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol is for critical workers who are close contacts of someone who tests positive for COVID-19.

Contact your employer
You may be exempt from isolation requirements in order to attend work but only if it is necessary for continuity of critical operations, and other options have been exhausted.
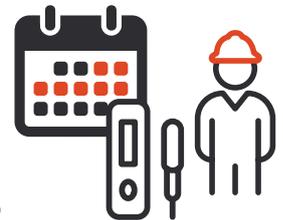
Symptoms
Refer to 'I am a close contact who develops symptoms' protocol.

No symptoms
To go to work, you must take a RAT every day for 7 days.

Test positive
Refer to the 'I have tested positive to COVID-19' protocol.

If you test negative and you are going to work:

- you must isolate outside of work for 7 days
- wear a surgical mask outside home
- follow workplace safety requirements
- if possible, travel alone to work
- if not possible, wear a mask while car-pooling or using public transport

Symptoms include:

- Fever
- Runny nose
- Fatigue
- Sore/scratchy throat
- Dry cough
- Shortness of breath

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COVID-19:
New testing and isolation protocols in a high caseload environment

GOVERNMENT OF WESTERN AUSTRALIA

I am a close contact who develops symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you if you have symptoms and are a symptomatic close contact of someone who has tested positive for COVID-19.

Isolate for 7 days from date of contact.

7days

Take a PCR or RAT as soon as symptoms develop.

Test positive
Refer to the 'I have tested positive to COVID-19' protocol.

Test negative
PCR: you may leave home after day 7
RAT: Continue to isolate and take a RAT again in 24 hours.

24hrs

Test negative
Refer to the 'I am a close contact and have no symptoms' protocol.

Test negative
You can leave your home after day 7 of isolation, providing there are no new cases in your household.

Symptoms include:

Fever

Sore/scratchy throat

Runny nose

Fatigue

Shortness of breath

Dry cough

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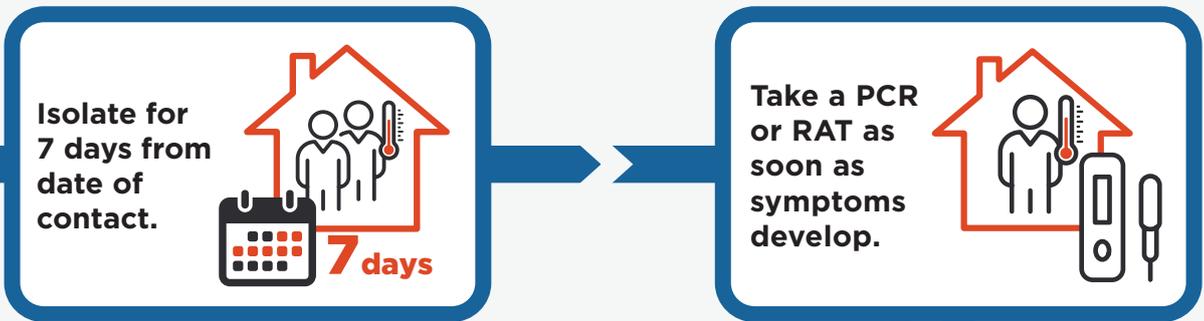
GOVERNMENT OF WESTERN AUSTRALIA

COVID-19:
# New testing and isolation protocols in a high caseload environment

I am not a close contact and I have symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know what to do if you have symptoms.

Get a PCR test if you can. This is the preferred option. Isolate until the results come back.

If you can't get a PCR test, get a RAT immediately.
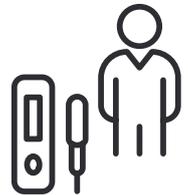
If your PCR test is negative, you are not required to isolate. But you should stay home where possible, until your symptoms clear.

Test negative Continue to isolate and repeat the RAT in 24 hours.

24 hrs

Test positive Refer to the 'I have tested positive to COVID-19' protocol.

If second RAT is negative you are not required to isolate. But you should stay home where possible, until your symptoms clear.

Symptoms include:

- Fever
- Sore/scratchy throat
- Runny nose
- Fatigue
- Shortness of breath
- Dry cough

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