

Week 1: Reviving Spirit

Day 1 | Sunday, August 29

How Marvelous Is God's Love for Us

God's love for us is steadfast and sure (Psalm 106:1). It does not change or fade. His love remains! When we doubt He loves us, He reminds us that He loves us always—at our worst and at our best. His love never fails. And when we forget God's great, generous, abounding love, He reminds us again. He directs us toward Jesus, the sinless Son of God, who died for us, His enemies. God tells us that, in Him, we are His beloved. Oh, how marvelous is His love!

Today, spend several minutes contemplating God's great love for you in Psalm 107. Ask that His love would revive your love for Him.

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Day 2 | Monday, August 30

By Whom We Cry, “Abba”

The resurrecting Spirit makes His home in us. Like a rushing wind and guiding fire, He moves the dead to life and heals the broken. He is our power to live, our hope that saves. By this Spirit we find ourselves heirs to glory, even coheirs with the firstborn Son of heaven! In our fractured forms, we cry to a holy God and are heard—not as defendants or slaves—but as His beloved children. By this interceding Spirit, we cry “Abba! Father!” and are wholly received (Romans 8:12-17).

Set a timer for two minutes, and sit silently with your unfiltered thoughts and emotions. During this time, believe that the Spirit welcomes you wholly to your Father, just as you are. Consider the kind of love that makes for such relational restoration.

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Day 3 | Tuesday, August 31

How Much Do We Need the Spirit?

After years of learning from Jesus in the day-to-day work of His ministry, you would think the disciples would have been ready to teach people about Jesus right away. But instead, they waited for Jesus to send the Holy Spirit as He promised (Acts 2:1-4). When the Spirit arrived and moved, thousands of people were brought into the kingdom of God. If Jesus' own disciples needed the Spirit for their ministry, how much more do we?

How do you try to serve God out of your own strength, rather than depending on the Spirit? Share this insight with another believer, and ask them to pray with you for a heart of repentance and dependence.

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Day 4 | Wednesday, September 1

The Eternal Spirit

The Holy Spirit moved mightily in the early days of the church. The apostles performed miracles and healed many people. Three thousand people were saved in one day! And the early believers loved and served one another selflessly. The book of Acts is filled with stories of the Holy Spirit's power. The amazing truth is that the Spirit is still moving in our lives today! If you believe in Jesus, the Holy Spirit, who did all those things reported in Acts, lives inside of you (1 Corinthians 6:19-20). Praise God for that!

When you first believed in Jesus, the Holy Spirit gave you a new heart and a new desire to stop sinning and to obey Jesus. Praise God in prayer for this miracle, and ask the Spirit to keep moving in your life.

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Day 5 | Thursday, September 2

Seeking the Spirit

Sensing the Spirit begins in knowing He is already here. There is no moment—great, low, or ordinary—beyond His reach. He hovered over chaos and darkness at the beginning when God spoke light, and the Spirit breathed life. The Spirit continues to hover, breathing through and into every good thing today. So we seek Him throughout our days, and in seeking, find. For the finding is an opening, an awareness in our soul and senses to deeper realities already here.

Today, quiet your day as much as you can. Remove unnecessary distractions, and embrace a slower pace. Ask God to open your senses to His ever-present and promised Spirit (Psalm 139:7-12).

Week 1: Reviving Spirit

Day 6 | Friday, September 3

The Spirit of God Strengthens His People

Unless the LORD builds the house,
those who build it labor in vain.

Unless the LORD watches over the city,
the watchman stays awake in vain.

It is in vain that you rise up early
and go late to rest,
eating the bread of anxious toil;
for he gives to his beloved sleep. (Psalm 127:1-2)

When you go to bed this evening, ask God for restful sleep. You are His beloved!

Week 1: Reviving Spirit

Day 7 | Saturday, September 4

Praying with the Spirit

We naturally seek to establish our plans and fulfill our dreams. But it is so much better when we learn to join with the Spirit in His! His plans. His ways. His desires. Left to ourselves, we do not really want what we think we want. Our vision is limited, and our hearts are deceitful (Jeremiah 17:9). But if we could see like our heavenly Father sees and know what He knows, then we would set our desires on that which our hearts truly long for—Him!

Bring a worry or desire to mind, and sit with it before God. Instead of immediately asking for what you want, try to rest in the Spirit's unlimited and specific knowledge, empathy, and power (Matthew 6:25-34).