



Larry Seal

Founder / CEO / Coach

Larry helps clients go beyond what they thought possible.

With more than two decades of coaching experience, he knows how to spot limiting patterns and guide leaders to change, so they can be at their best more often.

Clients appreciate Larry's ability to:

- Ask questions that prompt new insights
- Help leaders quickly evolve their mindsets & skillsets
- Recognize patterns
- Integrate empathy with "straight talk"
- Cultivate practical emotional intelligence in others

Areas of expertise:

- C-Suite leaders, in particular CEOs who respond to a practical and intellectually stimulating approach
- Individual founders and founding teams, in startups across the world
- Rapidly scaling businesses who find every process stretched, in particular their leadership capabilities
- Technology and entertainment companies whose technical and creative populations require someone with extensive experience with their disciplines

More about Larry

The Founder and CEO of Engaged Leadership, Larry has worked with over 200 organizations, including more than 70 of the Global 500 and dozens of first-stage start-ups. Larry has taught at the Haas Graduate School of Business at the University of California, Berkeley and the Marshall School of Business at the University of Southern California. He graduated from the University of Arizona, majoring in Political Science and History. He resides in San Diego.



client testimonials

This coaching experience with Larry has been the most valuable development I have had in my 18-year career. I am more comfortable and confident as I have seen the positive impacts our work has had on my leadership and communications.

- Joe McFarland, President Western Division, The Home Depot

Working with Larry has been an incredibly powerful experience that has helped me become a more effective CEO, a stronger leader, and a better human being. Larry is an extremely gifted observer of human nature and his trenchant insights will help you unlock your full potential. Can't recommend him highly enough.

- Walter Driver, CEO, Scopely

Larry has coached me for the past 6-8 months; the results have been amazing. Beyond being a great guy, Larry has been able to bring visibility to some of my blind spots in a way that not only helps me see them but also understand their impact along with simple actions to gain more awareness and address them. He has a style that gets me to open up and speak freely knowing that it is a high trust environment focused on making me better. His feedback is direct but delivered skillfully. I will be better because of it.

Scott Reese, CEO, GE Digital

Larry has a natural gift for observing and understanding how people tick and using that insight combined with great people skills to bring the best out of leaders and their teams.

Mike Sha, CEO, Co-Founder at SigFig

Working with Larry has been a game changer for me. Within weeks he helped me see the world through a new lens which is benefiting everyone I work with and will benefit me for the rest of my life.

Wyatt Taubman, CEO & Co-Founder at Vive Organic

Larry could get real with me, offer some tough love, provide the right balance of critique and affirmation. He is a superb coach and I deeply benefited from his work, as did our management team at both the regional and national levels. I cannot recommend Larry highly enough and I intend to hire him and his team for future coaching and team building needs in my next professional chapter.

Lindsay Hower, nonprofit executive, TEDx speaker

Larry has been transformational for our organization and for me personally. He's not only one of the most emotionally intelligent people I've ever met, he's adept and unlocking that skill in others. He's both empathetic and honest, even when giving challenging feedback.

– Matt Pohlson, Co-Founder & CEO at Omaze

Larry Seal is, by far, the best executive coach and leadership trainer I've come across in my work. What makes him so uncommonly good is his extraordinary intuition, his ability to listen for what matters, and his down-to-earth, yet infectious personality. All of these aspects of Larry build fast trust with our people. In our company he is well known as a confidante and trusted adviser to many people at all levels, from executives to entry-level managers. No job is too big or small which speaks to his genuine interest in simply helping people to be their best wherever they are in their journey.

- Andrea Robb, Head of People + Organization Development, Lucasfilm

client list































