



Maria Zlotnikova

Coach / Facilitator

Maria produces impactful change through experiential learning.

Her training in psychology and sociology coupled with a diverse working experience give Maria a well-stocked toolbox to support clients in their transformation.

Clients appreciate Maria's ability to:

- Listen deeply
- Understand their needs
- Create a congenial atmosphere where they can explore their strengths and barriers to success
- Engage participants in the learning process
- Balance seriousness and friendliness

Areas of expertise:

- Leadership development
- Communication and conflict management skills
- presentation skills
- Cross-cultural competence
- Emotional intelligence
- Personal Efficiency

More about Maria

A native speaker of Russian who is fluent in English and French, Maria received her Master's Degree in Psychology from the Russian Pedagogic State University, St. Petersburg and another Master's degree in Psycho-Sociology from the University Paris XIII in France. Maria has completed an ICF-certified "International Level Professional Coach" program. She is also certified in DISC personality profiling (TTI Success Insights) and has completed a number of leadership development programs. Maria currently lives in Boston, USA.

client testimonials

I met Maria in 2017 in Moscow when she was employed as a trainer at Adidas CIS (Russia). She ran a program for a group of staff including managers from Adidas Global offices worldwide (China, USA, Germany etc.) Maria was absolutely wonderful: she was a very dynamic and driven trainer who successfully managed to engage members with different cultural backgrounds. Maria's style of facilitating combines energy with ability to deliver structured information supported with real-life examples. At the training she created an atmosphere of trust and respect: participants freely shared their life experiences with each other with no fear to be judged or misunderstood. Maria was a great listener as well. Apart of her professional skills Maria is a delightful person with a variety of interests and work and travel experience across the globe. I view Maria as a strong and experienced professional with a wide range of skills, who can be equally successful working with top managers and beginning employees. I highly recommend Maria to anyone looking for an excellent trainer-facilitator to help them develop their company.

– Adidas, SVP HR, Asia Pacific and greater China

Maria quickly establishes trust and rapport with the group. Maria works hard to find an approach to each group member and engage in the training process even those individuals shown resistance for some reason. At the same time Maria delivers the content in an interactive and engaging manner. I highly recommend Maria as a wonderful person and an expert who works both English and Russian and capable to deliver excellent programs for managers at all levels.

– Mirzhan Aizharikov, Development Planning and Studies at North Caspian Operating Company N.V. (NCOC N.V.)

I am very grateful to Maria for the excellent work done. Her professional and flexible approach, an ability to hear the client and keep attention of the audience allowed us to get a very good training. I will gladly continue cooperation!

– Galina Skatkina, Director, Communications, Southern, Northern and Central Europe at PayPal

Maria is a wonderful trainer and coach who can inspire a group and easily involve participants in work. As an internal trainer for Teva Pharmaceuticals, I participated in the Leadership and Coaching program, which Maria conducted for our regional sales managers. Maria is a wonderful professional who knows how to find an approach to each participant and at the same time clearly implement the customer's request, build training in accordance with relevant business tasks. My colleagues and I appreciated Maria's easy style of content delivery, attention to the practicing of skills by each employee, as well as the high interest and involvement of the trainer into the process.

– Igor Yaremchuk, Teva Pharmaceuticals, Training & Development Manager

client list

