



Michael Ian Cedar

Coach / Facilitator

Michael helps clients bring their life and work into alignment.

Combining high-energy passion with a non-judgmental approach, Michael helps clients tap into their potential to lead others, by focusing on their emotional intelligence, interpersonal relations, and managerial skills.

Clients appreciate Michael's ability to:

- Ask deep, unexpected questions
- Help them get out of the way of their own success
- Offer well-attuned observations of human behavior
- Open doors no one else knew existed

Areas of expertise:

- Reconnecting to purpose, passion and fulfillment
- Increasing confidence in leadership capabilities
- Establishing executive presence
- Discovering blind spots
- Harnessing emotions in the workplace
- Leaning into conflict and confrontation
- Navigating change
- Improving work-life flow

More about Michael

A graduate of AMDA in New York City, Michael is certified in The Myers-Briggs Type Indicator (MBTI) and well-practiced in the 360 Feedback Process. A long-time resident of New York City where he lives with his wife, Michael is never far from a good cup of tea while enjoying West Wing & Golden Girls reruns.

client testimonials

I've been meeting with Michael weekly for 5 months now and I have seen a great improvement in my work life and happiness. Michael has helped coach me in many aspects of my work and personal life. He is an invaluable resource and I will be continuing to meet with him regularly. He has a genuine passion for his work and the people he works with, and I am happy to call him both a coach and now, a friend.

— Shak Khavarian, Senior Marketing Manager on Fortnite at Epic Games

Michael is an amazing executive coach. He has a mixture of theoretical knowledge and a bag of real-world-ready practical tips that can produce rapid progress. He is personable, patient, encouraging, and always a bundle of great energy and enthusiasm to effect positive change. In my brief coaching exercise with Michael, I could distinctly feel myself learning and growing in both managerial skills and leadership attitude, and most importantly, confidence. I would recommend Michael without reservation to anyone who is looking for a positive and effective coaching experience that produces tangible results.

— Abel Lee, Head of Financial Services Industry Partner Engagement at World Economic Forum

I highly recommend working with Michael, not only because he's an outstanding coach, but because he truly loves what he does - which in my case meant helping me figure out the best next steps to pursue a fulfilling career on my own terms. When I first started working with Michael, I quickly realized his immense talent for asking the right questions and "peeling back the layers" during each of my coaching sessions with him. He was extremely helpful in bringing clarity to my own career goals and defining a path forward so I could feel confident taking action and making decisions on my own. Michael's passion and enthusiasm for helping people shines through in every interaction that I had with him. If you're looking for some guidance on how to bring focus to your own career "next steps", book a few coaching sessions with Michael - you'll gain clarity (and peace of mind) in no time.

— Kristen Henkels, Customer Success at Knotel

client list

