Get Ready to Write Checklist

Your Writing Space
□ Comfortable □ Ergonomic Boundaries
☐ Ergonomic ☐ Encourages Focus Boundaries are your best friend!
☐ Inspiration☐ A Spark
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Your Writing Toolkit
 □ Writing Software □ A Timer vou already have these with your trian
☐ A Timer ☐ A Way to Take Notes
□ Other Tools
Your Writing Mindset \
☐ Understand Your Why
☐ Understand the Process☐ Understand the Discipline
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