

Xcel Meet Schedule 2022-23

Meet:	Date:	Location:
Pep Rally	December 17	In Gym
Valentine Invitational	February 3-5	MD State Fairgrounds
Xcel Games	February 25-26	Rebounders Gymnastics
Harford Trophy Meet	March 18-19	HCC
Silver States	April 1-2	ACPR Gymnastics
Gold States	April 15-16	Hagarstown Community College
Bronze States	April 22-23	Thomas Johnson HS/ Frederick, MD

Please note:

- Meets will only be scheduled on one day of the weekends provided
- If your gymnast is scheduled for a Sunday session, we will still have regularly scheduled Saturday practice
- If your gymnast is scheduled to compete on Saturday, they will not attend Saturday practice (but those who do not compete Saturday will still have practice on Saturday)
- We do not receive the exact days and times for the meets until roughly 1-2 weeks before the meet
- Meet Hosts decide when our gymnasts compete and we do not have any input on these decisions
- All gymnasts are expected to be at each meet their level is scheduled for. Unless there are extenuating circumstances payments are required for all meets.