

Eco-gestures @Work

WHAT

GOOD PRACTICES

to follow & encourage within your companies and with your employees

WHAT THE PARK IS DOING / OFFERING



DAILY LIFE

Food and Drink

- Local and vegetarian menus*
- No packaging or bulk products
- Reusable tableware, cup, mug and water bottle (no more single-use containers)

In the office

- Implement ecological criterias in your purchasing decisions*
- Ask the cleaning company to use natural or eco-labelled products
- Print double-sided, 2 slides per page, in black & white and only if necessary. Prefer thin fonts.
- Water the plants with unused water

- ReCircle box proposed at Puur and in every restaurants on the Campus
- Vegetarian day once a week at all campus' restaurants



WASTE

- Promote upcycling, second-hand products and recycling*
- Eliminate individual waste bins (to encourage recycling and reduce maintenance costs)
- Install draft bins next to printers and encourage the reuse of drafts for writing or printing

- Too good to go partnership to reduce food waste @Puur
- Recycling solutions for glass, paper, cardboard, coffee capsules, PET,... see map on page 3
- EPFL Inno Park App "Give, Rent, Buy & Sell"



ENERGY OPTIMISATION

- Close blinds on hot days to keep the building cool
- Ventilate once a day during cooler hours in summer
- Close doors in winter to keep offices warm
- Switch off the lights and bring in natural light
- Unplug your devices when they are charged and unplug the charger (a charger consumes energy even if it is not connected to your device!)

- Lighting systems with LED bulbs
- The Park's electricity is currently 50% hydroelectric and 50% photovoltaic in buildings A, B, C, D & L. Other buildings are supplied with energy from EPFL.

- Use a power strip with a switch
- Turn off screens and computers when leaving, put your equipment on standby when not in use

- Variable motors have been installed to reduce consumption
- Presence detectors are installed in common areas



DIGITAL USAGE

Hardware

- Buy a laptop rather than a desktop computer
- Favor responsible purchases or eco-labelled products
- Think about buying refurbished material
- Extend the life of your devices by repairing them*
- Donate your old equipment to an association or social solidarity enterprise

Usage

- Optimise email & attachment storage. Reduce the size of email archives
- Unsubscribe from unnecessary newsletters
- Add the instruction not to print the email to your signature
- Limit the number of recipients for your email blasts
- Choose a data centre using green energy

- EPFL Inno Park App "Give, Rent, Buy & Sell"
- Conferences and workshops proposed at the Park
- Our data centre in building D uses 50% hydroelectric and 50% photovoltaic energy

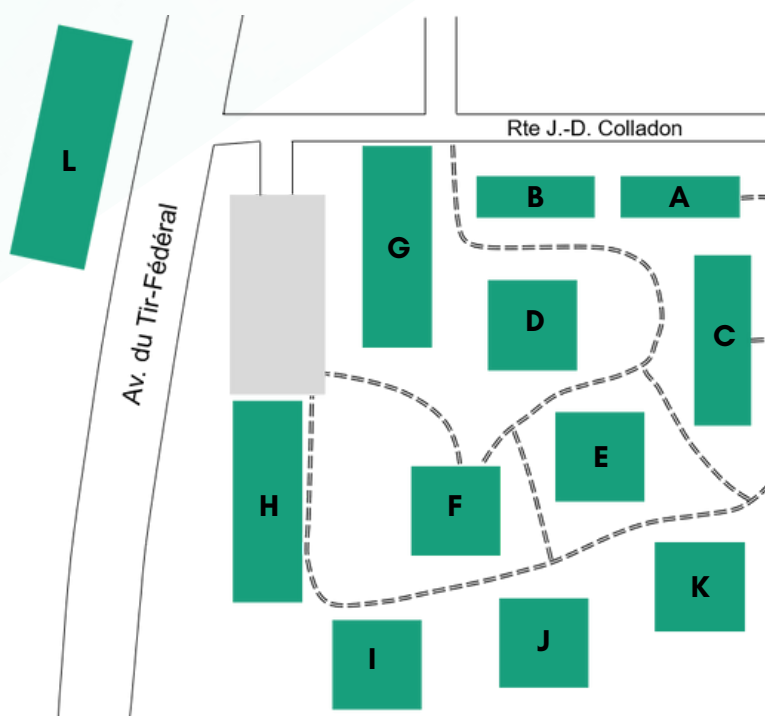


MOBILITY

- Promote staggered working hours to reduce traffic congestion
- Prefer video-conferencing to limit business travel
- Implement a mobility policy and support employees in making the change*
- Use public transport, carpooling and carsharing
- Encourage soft mobility (cycling or walking) & new modes of transport with lower carbon emissions (ecars, escooters, ebikes)
- Rethink business travel by plane and if absolutely necessary, travel in eco and not in business class*

- Mobility car available next to building H
- Free bike parking available in the Park
- Carpooling option with the Fairpark app
- ParkShare for occasional needs

Recycling map per building



Buildings

Recyclable materials	A	B	C	D	E	F	G	I	J	L
Cardboard	X	X	X	X	X	X	X	X	X	X
Paper	X	X	X	X	X	X	X	X	X	X
Plastics	X	X	X	X						X
Glass	X	X	X	X	X	X	X	X	X	X
PET	X	X	X	X	X	X	X	X	X	X
Aluminium		X	X	X			X			
Iron			X	X						
Metals		X	X	X						
Batteries		X	X	X						
Electronics			X	X						
Nespresso capsules		X	X	X						
Neon lights/floodlights		X	X	X			X			
Sagex chips*	X	X	X	X						
Toners and printer cartridges			X	X						

*Startups can dispose of larger pieces of sagex at the EPFL's waste disposal centre on the Esplanade.