



Gardens For Birds

#THINKBIRDS

Wildlife-Friendly Native Plant List

| NAME | COMMON NAME | PURPOSE | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|-------------------------------|---------------|--------------|---------|-----|---------|-----|---------|-----|-----|-----|---------|---------|---------|-----|
| <i>Acer campestre</i> | Field maple | Shelter | JAN-MAR | | | ✿ | | | | 🍎 | | | NOV-DEC | |
| <i>Ajuga reptans</i> | Bugle | Insects | | | | | MAY-SEP | | | | | | | |
| <i>Alnus glutinosa</i> | Common alder | Food/shelter | JAN-MAR | | | ✿ | | | | | | | NOV-DEC | |
| <i>Angelica sylvestris</i> | Wild angelica | Insects | | | MAR-MAY | | | | | | ✿ | | | |
| <i>Armeria maritima</i> | Thrift | Insects | | | | | MAY-JUN | | ✿ | | | | | |
| <i>Asparagus officinalis</i> | Asparagus | Insects | | | MAR-APR | | | | | | SEP-NOV | | | |
| <i>Berberis vulgaris</i> | Barberry | Food | JAN-MAR | | | ✿ | | | | 🍎 | | | NOV-DEC | |
| <i>Betonica officinalis</i> | Betony | Insects | | | | | MAY-JUN | | ✿ | AUG | | | | |
| <i>Betula alba</i> | Silver birch | Food/shelter | | | ✿ | | | | 🍎 | | SEP-NOV | | | |
| <i>Betula pubescens</i> | Downy birch | Food/shelter | | | ✿ | | | | 🍎 | | SEP-NOV | | | |
| <i>Buxus sempervirens</i> | Box | Shelter | | | | | | | | | SEP-NOV | | | |
| <i>Callua vulgaris</i> | Heather | Insects | | | MAR-APR | | | | | ✿ | | | | |
| <i>Campanula glomerata</i> | Bellflower | Insects | | | MAR-APR | | MAY-JUN | | ✿ | | | | | |
| <i>Campanula rotundifolia</i> | Harebell | Insects | | | MAR-APR | | MAY-JUN | | ✿ | | | | | |
| <i>Carpinus betulus</i> | Hornbeam | Shelter | | | | | | | | | SEP | OCT-NOV | | |
| <i>Centaurea cyanus</i> | Cornflower | Food | | | MAR-MAY | | | ✿ | | | | | | |



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| <i>Centaurea scabiosa</i> | Knapweed | Insects | | | MAR-MAY | | | ✿ | | | | | | |
| <i>Corylus avellana</i> | Hazel | Food/shelter | | | ✿ | | | | 🍎 | | SEP-NOV | | | |
| <i>Crambe maritima</i> | Sea kale | Insects | | | MAR-MAY | | | ✿ | | | SEP-NOV | | | |
| <i>Crataegus monogyna</i> | Hawthorn | Food/shelter | | | | | | ✿ | | | 🍎 | SEP-NOV | | |
| <i>Cytisus scoparius</i> | Broom | Insects | | | MAR-MAY | | ✿ | | 🍎 | | | | | |
| <i>Dipsacus fullonum</i> | Teasel | Food | | | | APR-MAY | | ✿ | MAY-SEP | | | | | |
| <i>Echium vulgare</i> | Viper's bugloss | Insects | | | MAR-APR | | MAY-JUN | | ✿ | | | | | |
| <i>Erica cinerea</i> | Bell heather | Insects | | | | | MAY-JUN | | ✿ | | | | | |
| <i>Euonymus europaeus</i> | Spindle | Food | | | | | | ✿ | | | SEP-NOV | | | |
| <i>Eupatorium cannabinum</i> | Agrimony | Food | | | MAR-MAY | | | ✿ | MAY-SEP | | | | | |
| <i>Fagus sylvatica</i> | Beech | Shelter | JAN-FEB | | | | ✿ | | | 🍎 | | OCT-DEC | | |
| <i>Filipendula ulmaria</i> | Meadowsweet | Food | | | MAR-MAY | | MAY-JUN | | ✿ | | | | | |
| <i>Foeniculum vulgare</i> | Fennel | Food | | | MAR-MAY | | MAY-JUN | | ✿ | | | | | |
| <i>Fragaria vesca</i> | Strawberry | Insects | | | MAR-MAY | | ✿ | | 🍎 | | | | | |
| <i>Fraxinus excelsior</i> | Ash | Food/shelter | JAN-FEB | | | | | | | | | OCT-DEC | | |
| <i>Gernanium pratense</i> | Meadow cranesbill | Insects | | | MAR-SEPT | | | | | ✿ | | | | |



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| <i>Geum rivale</i> | Water avens | Insects | JAN-FEB | | | | | | ✿ | | | OCT-DEC | | |
| <i>Hedera helix</i> | Common ivy | Food/shelter | | | | | | MAY-SEP | | | ✿ | | | 🍎 |
| <i>Helleborus foetidus</i> | Stinking hellebore | Insects | | | ✿ | | | MAY-SEP | | | | | | |
| <i>Hyacinthoides non-scripta</i> | Bluebell | Insects | | | | | ✿ | JUN | | | SEP-OCT | | | |
| <i>Ilex aquifolium</i> | Holly | Food/shelter | JAN | | | | | | ✿ | | | 🍎 | NOV-DEC | |
| <i>Knautia arvensis</i> | Field scabious | Insects | | | MAR-MAY | | | | MAY-OCT | | ✿ | | | |
| <i>Leucanthemum vulgare</i> | Ox-eye daisy | Food | | | MAR-APR | | MAY-JUN | | ✿ | | | | | |
| <i>Ligustrum vulgare</i> | Wild privet | Food/shelter | | | | | | MAR-OCT | | ✿ | | 🍎 | | |
| <i>Lonicera periclymenum</i> | Honeysuckle | Food/shelter | | | | | MAY-SEP | | ✿ | | | | | |
| <i>Lythrum salicaria</i> | Purple loosestrife | Insects | | | MAR-APR | | MAY-JUN | | ✿ | | | | | |
| <i>Malus sylvestris</i> | Crab apple | Food/shelter | JAN-APR | | | | | ✿ | | | | 🍎 | NOV-DEC | |
| <i>Malva moschata</i> | Musk mallow | Insects | | | MAR-MAY | | | | ✿ | | | | | |
| <i>Myosotis sylvatica</i> | Forget-me-not | Insects | | | MAR-MAY | | ✿ | MAY-JUN | | | | | | |
| <i>Onopordum acanthium</i> | Cotton thistle | Insects | | | MAR-MAY | | | | ✿ | | | | | |
| <i>Origanum vulgare</i> | Oregano | Insects | | | MAR-APR | | MAY-JUN | | ✿ | | | | | |
| <i>Papaver rhoeas</i> | Poppy | Insects | | | MAR-MAY | | MAY-JUN | | ✿ | | | | | |



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| <i>Persicaria bistorta</i> | Bistort | Insects | | | | | | | | | MAY-SEP | | | |
| <i>Polemonium caeruleum</i> | Jacob's ladder | Insects | | | | | | | | | MAY-SEP | | | |
| <i>Populus alba</i> | White poplar | Food/shelter | | | | | | | | | | | | NOV-DEC |
| <i>Populus tremula</i> | Aspen | Food/shelter | | | | | | | | | | | | NOV-DEC |
| <i>Primula veris</i> | Cowslip | Insects | | | | | | | | | | | | |
| <i>Primula vulgaris</i> | Primrose | Insects | | | | | | | | | | | | |
| <i>Prunus avium</i> | Wild cherry | Food/shelter | | | | | | | | | | | | SEP-NOV |
| <i>Prunus spinosa</i> | Blackthorn | Food/shelter | | | | | | | | | | | | SEP-NOV |
| <i>Quercus petraea</i> | Sessile oak | Food/shelter | | | | | | | | | | | | NOV-DEC |
| <i>Quercus robur</i> | Common oak | Food/shelter | | | | | | | | | | | | NOV-DEC |
| <i>Rhamnus cathartica</i> | Purging buckthorn | Food/shelter | | | | | | | | | | | | NOV-DEC |
| <i>Rosa canina</i> | Dog rose | Food/shelter | | | | | | | | | | | | SEP-NOV |
| <i>Rosa rubiginosa</i> | Sweet briar | Food/shelter | | | | | | | | | | | | NOV-DEC |
| <i>Rubus fruticosus agg.</i> | Blackberry | Food/shelter | | | | | | | | | | | | SEP-NOV |
| <i>Sambucus nigra</i> | Elder | Food/shelter | | | | | | | | | | | | NOV-DEC |
| <i>Scabiosa columbaria</i> | Small scabious | Insects | | | | | | | | | | | | |



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| <i>Sedum telephium</i> | Orpine | Insects | | | | | | MAY-JUN | | ✿ | | | | |
| <i>Sorbus aria</i> | Whitebeam | Food | JAN-MAR | | | | ✿ | | | | 🍎 | | NOV-DEC | |
| <i>Sorbus aucuparia</i> | Rowan | Food/shelter | | | | | ✿ | | | | 🍎 | SEP-NOV | | |
| <i>Succisa pratensis</i> | Devil's bit scabious | Insects | | | | | | MAY-JUN | | ✿ | | | | |
| <i>Thymus serpyllum</i> | Wild thyme | Insects | | | | | | MAR-OCT | | ✿ | | | | |
| <i>Tilia cordata</i> | Small-leaved lime | Food/shelter | JAN-APR | | | | | | | ✿ | | SEP-DEC | | |
| <i>Verbascum thapsus</i> | Great mullein | Insects | | | | | APR-MAY | | | ✿ | | | | |
| <i>Viburnum opulus</i> | Guelder rose | Food/shelter | | | | | ✿ | | | | 🍎 | SEP-NOV | | |

✿ FLOWERING 🍎 FRUITS SOW PLANT

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