

# iC.A.R.E. Mentoring®





# Mentoring Defined

Mentoring takes place between young persons (i.e., mentees) and older or more experienced persons (i.e., mentors) who are acting in a non-professional helping capacity to provide support that benefits one or more areas of the mentee's development<sup>1</sup>.

<sup>1</sup> Adapted from DuBois and Karcher, "Youth Mentoring in Contemporary Perspective," in the Handbook of Youth Mentoring, 2<sup>nd</sup> edition (Sage Publications, 2014).





iC.A.R.E. Mentoring® is a school-based mentoring program that supports students through positive, purposeful mentoring relationships with community volunteers.

iC.A.R.E. provides “best practice” systems, processes and innovative resources to our volunteer mentors to improve efficiency and quality of mentoring services.







# Mission

The mission of iC.A.R.E. Mentoring® is to impact mentors and mentees to foster relationships that cultivate mutual development and empowerment of youth.







► The **VISION** of iC.A.R.E. is to enhance the quality of life for mentored students by reducing achievement gaps so that every child has equitable opportunities and is prepared for success in the classroom and in life.







# *The Objectives*

Bolster student  
motivation and  
confidence

Social Emotional  
Development

Improve student  
academic progress/  
achievement (GPA)

Promote positive adult-  
to-student relationship  
development



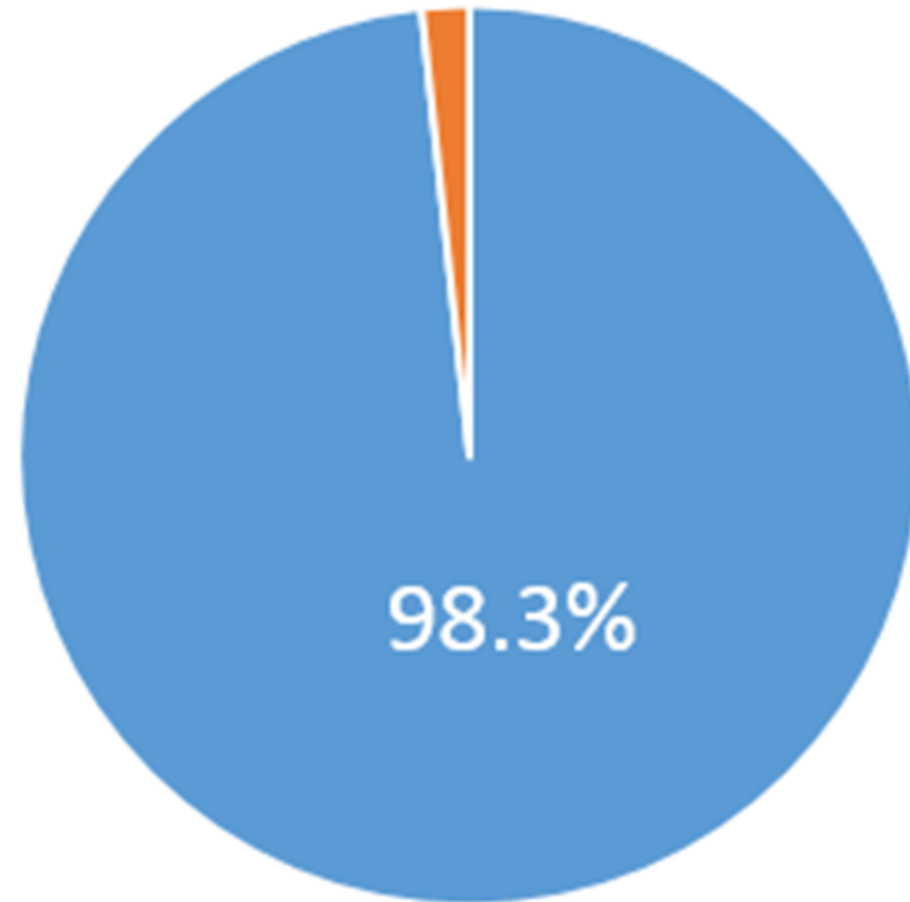


The background is a complex, abstract composition. On the left, a series of 3D cubes are stacked in a stepped, staircase-like pattern, transitioning from bright yellow and orange at the top to white and light blue at the bottom. To the right of this, a large, dark, textured area composed of many small, overlapping cubes or pixels in shades of brown, black, and dark blue dominates the center. On the far right, there are large, translucent, green geometric shapes that appear to be layered or folded, with some white lines intersecting them. The overall effect is one of depth and complexity, contrasting the structured, colorful blocks on the left with the dark, chaotic texture in the center.

# *Perception vs. Reality*



My mentor and I are a good pair

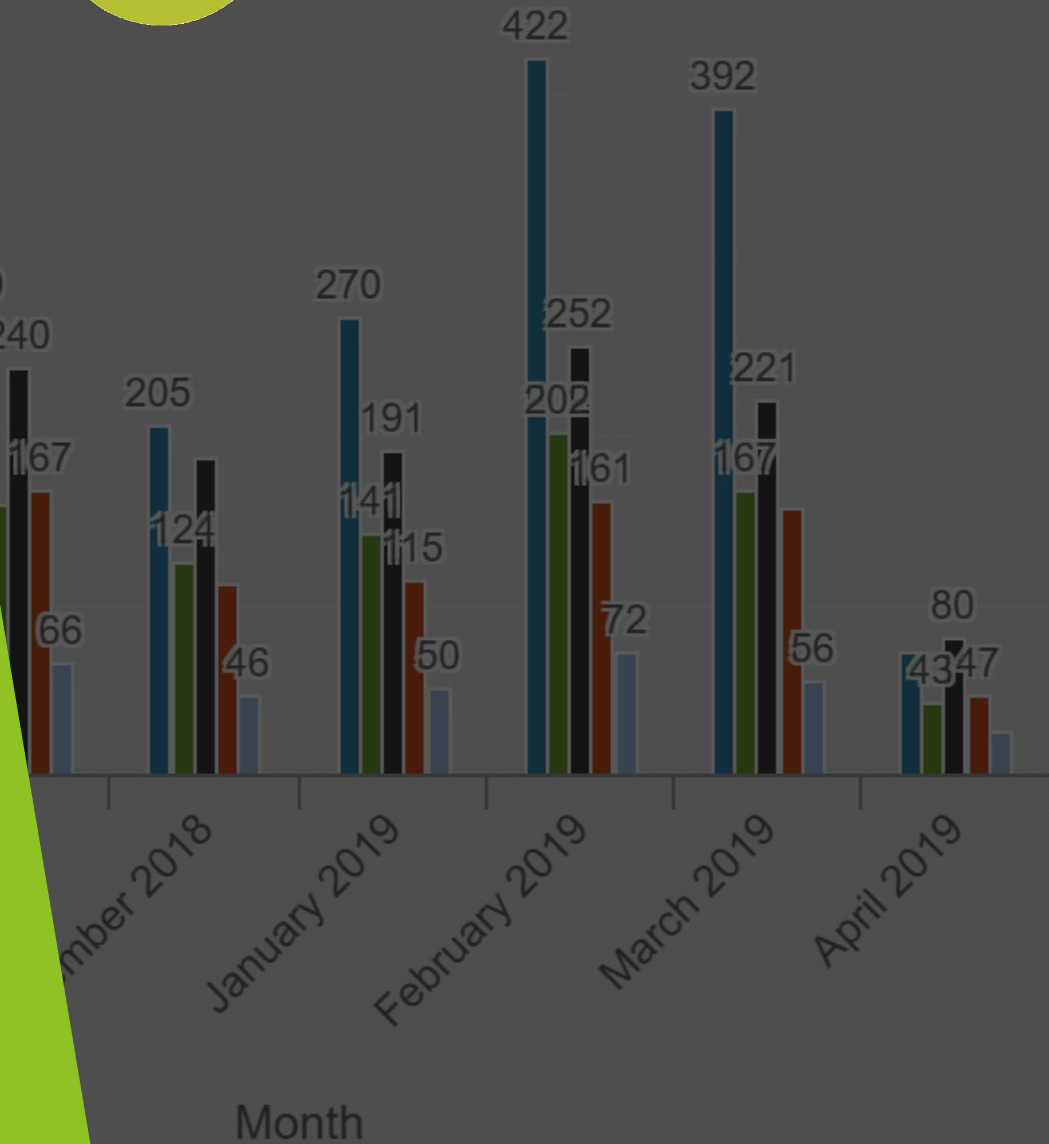


■ Yes ■ No

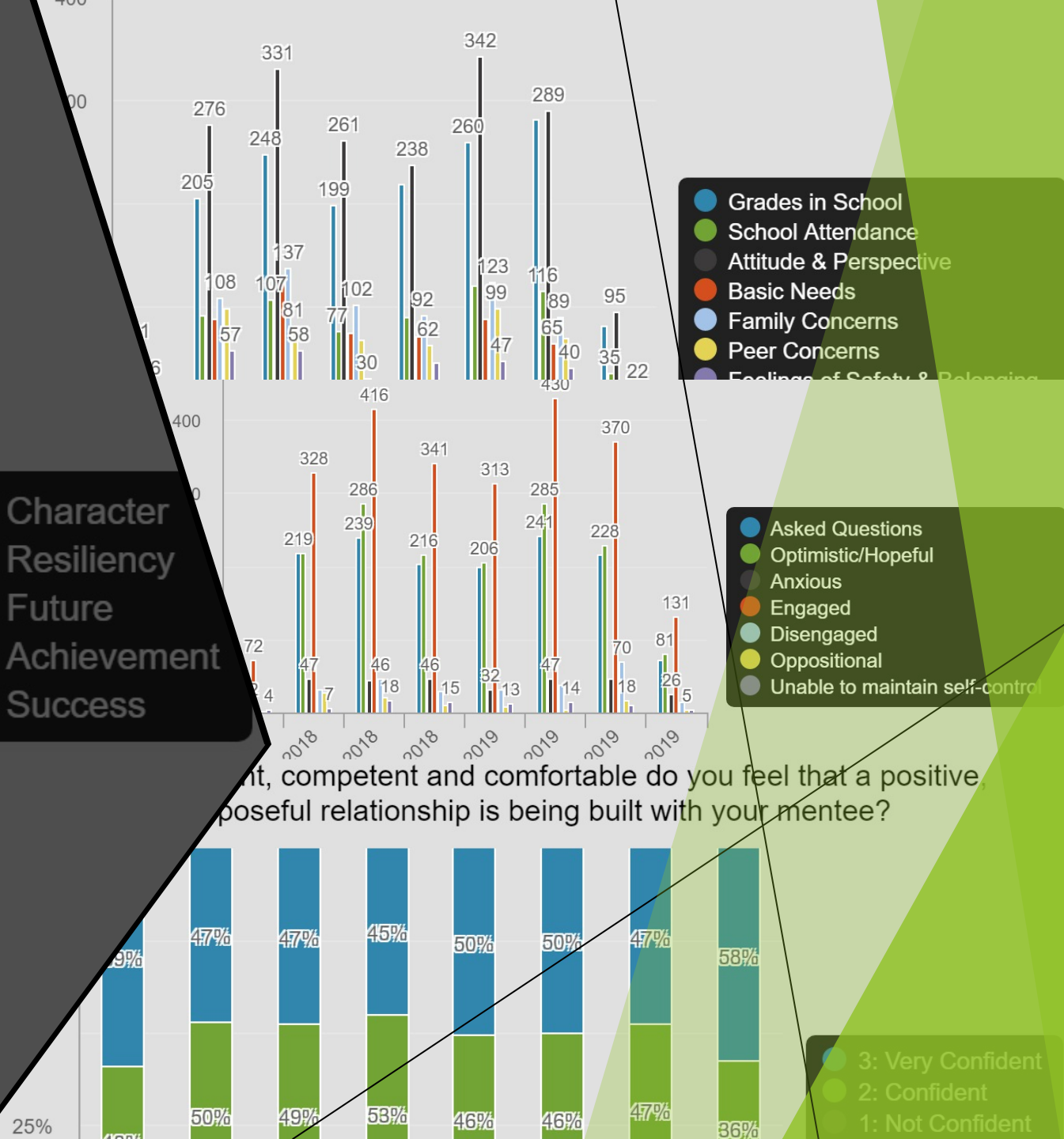




# Mentoring Pillars Addressed Results



- Character
- Resiliency
- Future
- Achievement
- Success





# Mentor Benefits

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- *Helps re-energize the mentor's career*
- *Strengthens the mentor's interpersonal relationship skills*
- *Gain a better understanding of other cultures and develop a greater appreciation for diversity*
- *Feel more productive and have a better attitude at work*
- *Creates a more positive work environment*
- *Enhance their relationships with their own children*

<http://www.management-mentors.com/resources/benefits-of-mentoring>







► Questions?





**RED OAK**

BEHAVIORAL HEALTH

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**C.A.R.E.**

CREATING AUTHENTIC RELATIONAL ENERGY

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