

Kaeā

VILLARS ALPINE SPA



A Tailored Experience

Discover a haven of peace and tranquility at the KAEA Villars Alpine Spa situated within the majestic Villars Palace Hotel.

Relax mind and body with our exclusive holistic treatments from KAEA, Bellefontaine and L'AUBALIEU infused with the finest natural, bioactive ingredients for exceptional results. Our signature therapies are carefully tailored to your individual needs with each bespoke treatment developed to leave you looking and feeling revitalised.

Our team of expert therapists will ensure that your time with us is a chance to escape from the everyday and enjoy a moment of pure relaxation and peace.



Where Tranquility & Beauty Align

Set against the backdrop of the breathtaking Swiss mountains, bathed by glacial waters and surrounded by open green plains, the Villars Palace Hotel is a place of true beauty and tranquility. The KAEĀ Villars Alpine Spa serves to enhance that feeling of peace with a calming space devoted to your wellbeing and relaxation.

We have selected the finest products that support our precious environment and reduce our impact on the natural world. From recyclable materials to the responsible sourcing of our ingredients, we ensure that we leave a lighter footprint on the planet.

Each treatment at the KAEĀ Spa is specially adapted to support your body's needs and bring you a deep sense of wellbeing. Our carefully curated range of beauty

products have been chosen to create a unique sensory experience that will leave you reconnected, revitalised and perfectly rebalanced.

Come and explore the KAEĀ Spa. With four individual cabins, each equipped with its own bathroom, a dedicated manicure and pedicure room, two private spas with Jacuzzis, as well as two expansive spa suites featuring their own massage rooms, there is no better place to enjoy a moment of indulgence and peace. Our light-filled space features state-of-the-art fitness equipment, while our water trail will take you on an immersive, uplifting journey.

There is no better place to reconnect with nature and find your moment of serenity.

FACE TREATMENTS

Inspired by New Zealand's unique landscape, KAEĀ brings together powerful, performance-led, botanically-active skincare and targeted, results-driven treatments while supporting the biodiversity of New Zealand's precious flora and fauna.

We use only the finest natural native plants and botanicals in our products, each chosen for their skin healing properties and incredible ability to restore vitality to the skin, elevating your experience at the KAEĀ Spa to a new level of sensorial indulgence.



Face Treatments /

KAEĀ

the sculptor

A high-performing, uplifting facial featuring natural sculpting techniques for visible and sustained results

This luxurious facial starts with a thorough cleanse and gentle exfoliation, before a deep-tissue facial massage using specialised facial sculpting and lymphatic drainage techniques. This performance-led facial using KAEĀ's cell-nourishing, collagen-boosting, bio-active ingredients will leave your skin feeling uplifted, rejuvenated and radiant.

Time

60 minutes | CHF 240.-
90 minutes | CHF 290.-

the restorer

A deeply relaxing, restorative facial for rejuvenated skin and a soothed mind

This therapeutic treatment is so much more than a facial and can be individually tailored to your skin's concerns. Featuring high-performance balms and oils extracted from New Zealand's superhero native plants, this facial will help restore your skin's natural strength, leaving it looking rejuvenated. Revered for their skin-healing properties and high in antioxidants, these incredible ingredients, including UMF 15+ Mānuka honey, will help soothe and purify your skin. Through gentle resurfacing, calming massage and lymphatic drainage, this relaxing facial will leave your skin feeling softened, hydrated and radiant.

Time

60 minutes | CHF 240.-
90 minutes | CHF 290.-

the retreat*

Naturally lift and restore for a revitalised and rejuvenated complexion

Indulge yourself in a series of tailored facial treatments to help achieve visible targeted results. This proven repeat experience gives your skin a meaningful boost, restores your natural beauty and intensifies the sculpting benefits for longer lasting results. A KAEĀ skincare specialist will tailor-make a facial programme to best meet your needs.

Time

3 x 60 minutes | CHF 720.- +
20% discount on a KAEĀ
product of your choosing

6 x 60 minutes | CHF 1440.-
+ 20% discount on a KAEĀ
product of your choosing + gift:
the KAEĀ cleanser

**to be redeemed within
12 months of purchase*

+90mins (the sculptor, the restorer)

Indulge in a full 90 minute experience to bring together the benefits of full body tension release combined with our highly effective sculptor facial or restorer facial. Starting with a relaxing back massage targeting key pressure points, this treatment will further help alleviate areas of tension and improve blood and lymphatic flow, leaving you feeling restored and revived. Tailored to your skin's needs, this is a high-performance treatment for body, face and mind.



Face Treatments /

Bellefontaine Switzerland

Luxurious Caviar Treatment Time Defyer

This deluxe treatment with an exclusive encapsulation of three Caviars extracts, enriched with its precious oil, is a high-tech treatment that prevents and treats the visible signs of aging, thanks to our new synergy of ultra-targeted anti-aging components and massages. The skin is left comforted, radiant, visibly smoother, and firmer, while fine lines and wrinkles are diminished.

Time

90 minutes | CHF 400.-

Cellstemine Anti- Aging with precious Edelweiss cells

Besides the amazing anti-aging performance, this treatment releases muscle tension thanks to energizing, detoxifying and stimulating massage techniques: the face, neck and décolleté are reshaped for an optimal rejuvenating effect. Skin is left looking plumped and smoothed, facial contours are reshaped and the skin texture is refined.

Time

90 minutes | CHF 350.-

Bespoke 360 degrees

After a careful analysis of your skin, your beauty therapist selects the Bellefontaine targeted products tailored to your needs and expectations in order to obtain an optimal bespoke result: the skin is rebalanced for an immediate and long-lasting result. Your skin is glowing with freshness and health. The skin appears brighter and more radiant.

Time

60 minutes | CHF 280.-
90 minutes | CHF 350.-

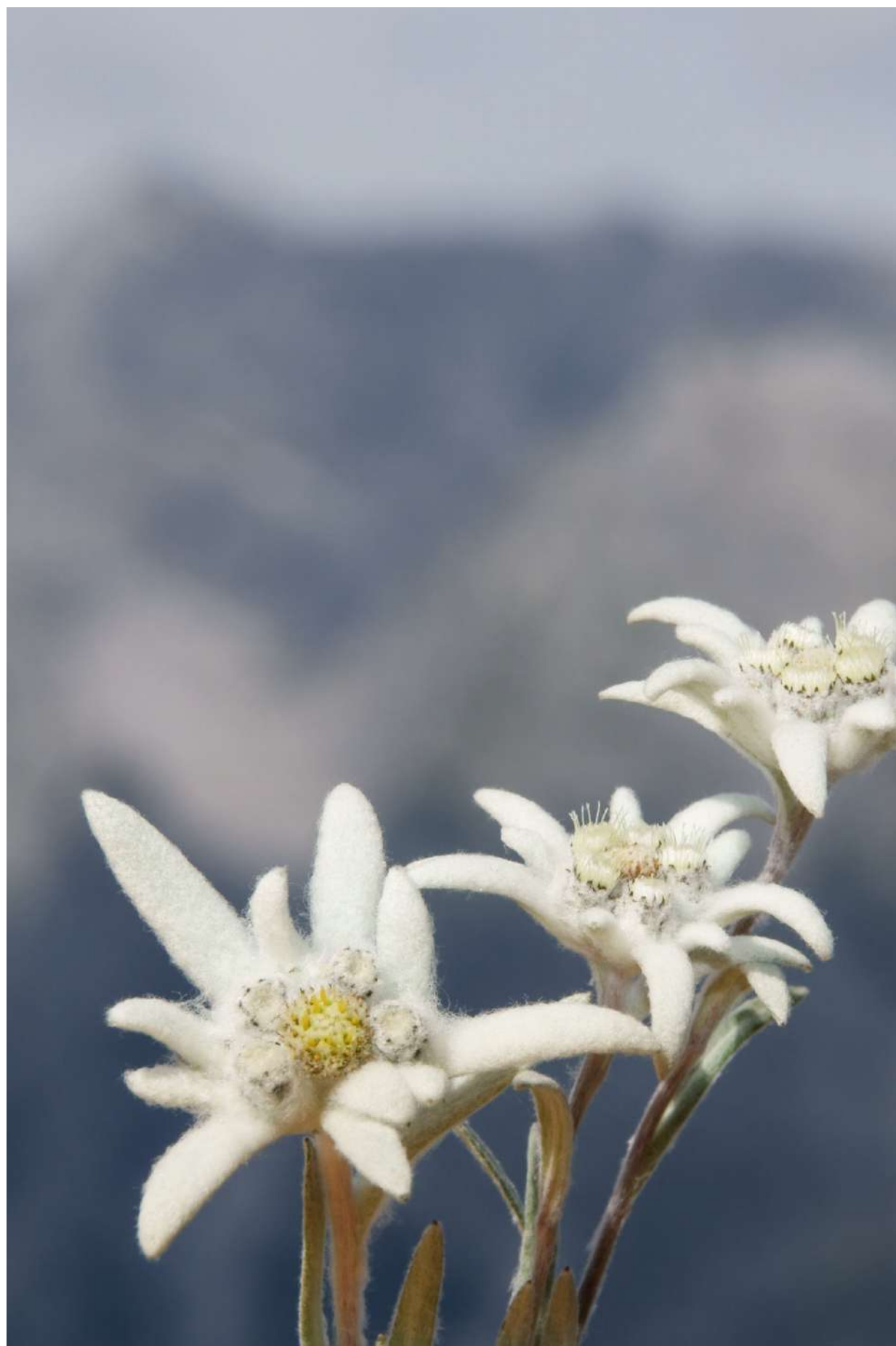
Vitality Men

A tonifying booster for tired and dehydrated skin. Includes deep cleansing that eliminates impurities for smooth and healthy-looking skin.

Time

60 minutes | CHF 250.-
90 minutes | CHF 330.-





Face Treatments / L'AUBALIEU

Harmony & Light

After a session of aromatherapy, your skin will be purified, exfoliated, and sublimated by the vaporization of precious mists with floral hydrolats. A tonic massage and the targeting of acupressure points will boost cellular renewal. Perfected by a moisturizing mask, your unified skin will regain its radiance and velvet touch.

Your "Harmony & Light" facial and massage is part of a holistic approach, whose philosophy aims to rebalance the flow of body and mind for a skin in total harmony. This global approach uses our products rich in concentrated botanical extracts, selected for their known effectiveness in traditional medicine, but also aromatherapy and a mindfulness treatment to awaken and harmonize your senses.

Time

75 minutes | CHF 280.-





BODY TREATMENTS

Body Treatments / KAEĀ

the rebalancer

A powerful and rebalancing body treatment featuring our signature blend KAEĀ massage oil and a combination of specialised massage techniques to release tension, stimulate muscle recovery and enhance wellbeing. Following an in-depth consultation, your expert KAEĀ therapist will customise the treatment to your individual needs for a truly bespoke experience. Starting with a back massage, key pressure points are addressed to relax muscles and increase blood and lymphatic flow. Each Rebalancer treatment is finished with a facial massage using KAEĀ's powerful multi-nutrient enriched face balm to leave your skin hydrated and muscles and mind truly relaxed.

Extend the benefits of this restorative treatment by choosing a full 90 minute experience which features tailored body brushing to help increase lymphatic drainage and improve fluid retention for smoother, more supple skin or a hot stone massage to reduce inflammation in the skin's soft tissue and release tension in muscles for the ultimate in relaxation and rebalancing.

Time

60 minutes | CHF 240.-

90 minutes | CHF 290.-



Body Treatments /

The Palace Effect

The Bespoke

Deep Tissue, relaxing, energizing...
Tell us what you want and experience a
ultimate bespoke massage. The Terre
de Feu or Alpine Herbs oils will amplify
the benefits of this treatment.

Time

30 minutes | CHF 110.-
60 minutes | CHF 195.-
90 minutes | CHF 245.-

The Hot Stones

This deeply relaxing massage uses
heated stones and Boisé Végétal oil
that serve as an extension of the
therapist's hands, gliding over the skin
to release tension and promote your
well-being. The heat from the stones
improves blood and lymph circulation,
while softening muscles and warming
the entire body.

Time

75 minutes | CHF 250.-

The Reflexology

Pamper your feet with a stimulating
massage that focuses on the reflex
points on the soles of the feet.
This massage technique relaxes
tired feet and improves health and
overall well-being.

Time

30 minutes | CHF 100.-
60 minutes | CHF 175.-

The Mom-to-be

Specifically designed for the
pregnant women This soft and
enveloping massage of the whole
body, acts mainly on tensions
and muscular pains, reducing the
discomfort of heavy legs. Your skin is
nourished and moisturized thanks to
the Purifying Hemp Oil, limiting the
appearance of stretch marks.

Time

60 minutes | CHF 195.-

Hands & Feet Care /

The Palace

“La Colline”

Nail shaping, cuticle care and fern and underwood salt scrub.

Time

30 minutes | CHF 80.-

“La Montagne”

Nail shaping, cuticle care, sweet scrub with Oak Moss, gel application and hand or foot massage

Time

75 minutes | CHF 130.-

Laying of gel

Time

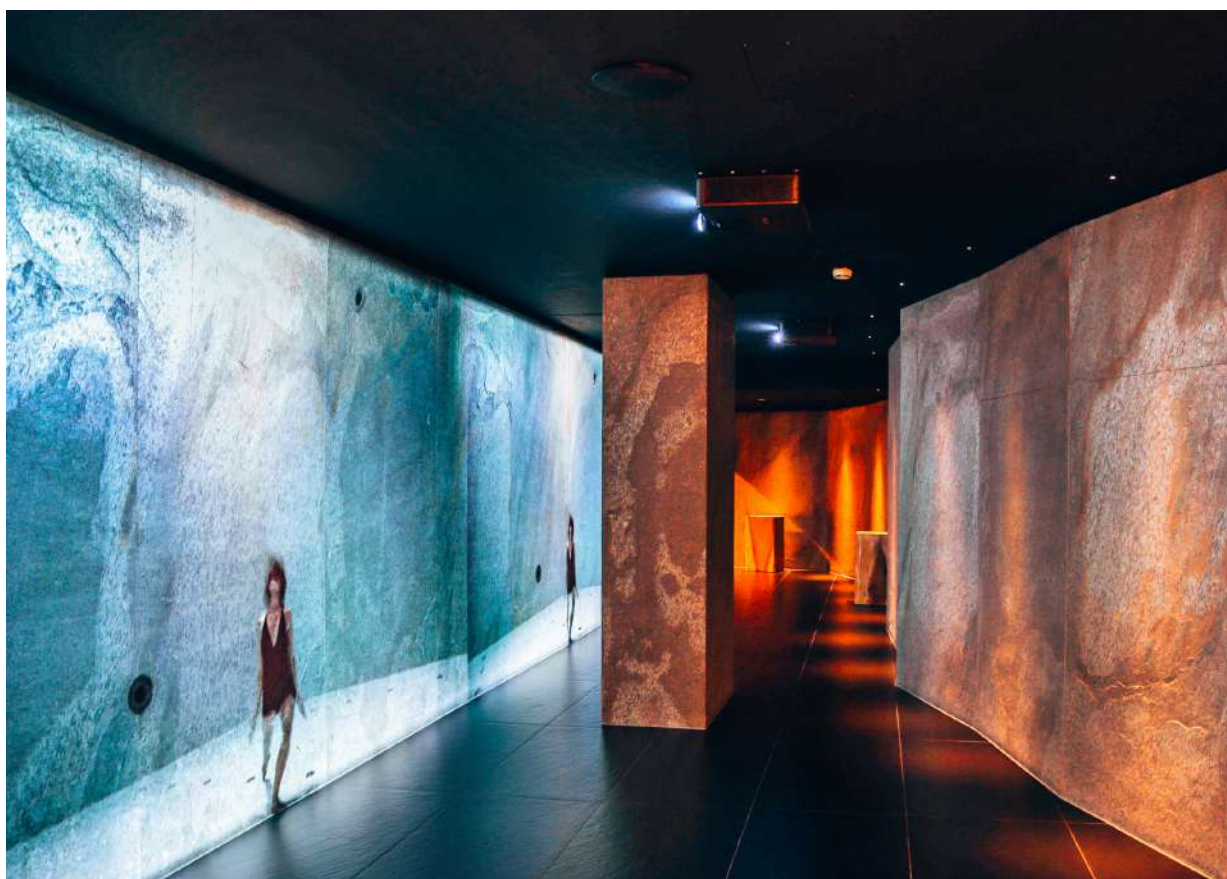
45 minutes | CHF 95.-

Gel – Take off

Time

30 minutes | CHF 35.-

To maintain our approach of supporting local businesses and animal welfare, KAEÄ Spa partners with “Melrose Swiss” nail products, 8-Free and vegan, for ever more beautiful nails that respect our biodiversity.



Travel Rituals

Space Mission

Conquer space by creating your own bath balls, then marvel at the comfort of a bubble bath under the stars. Small sweet treats will enchant this moment.

Please book 48h in advance

*For a child accompanied
by a parent*

Bellefontaine sails to Egypt

Travel to the land of the Pharaohs and try an oriental shea butter scrub in a voluptuous milk and honey bath, a face and body experience with an exfoliation, a body brushing, a radiance massage, followed by an enveloping cloud.

Time

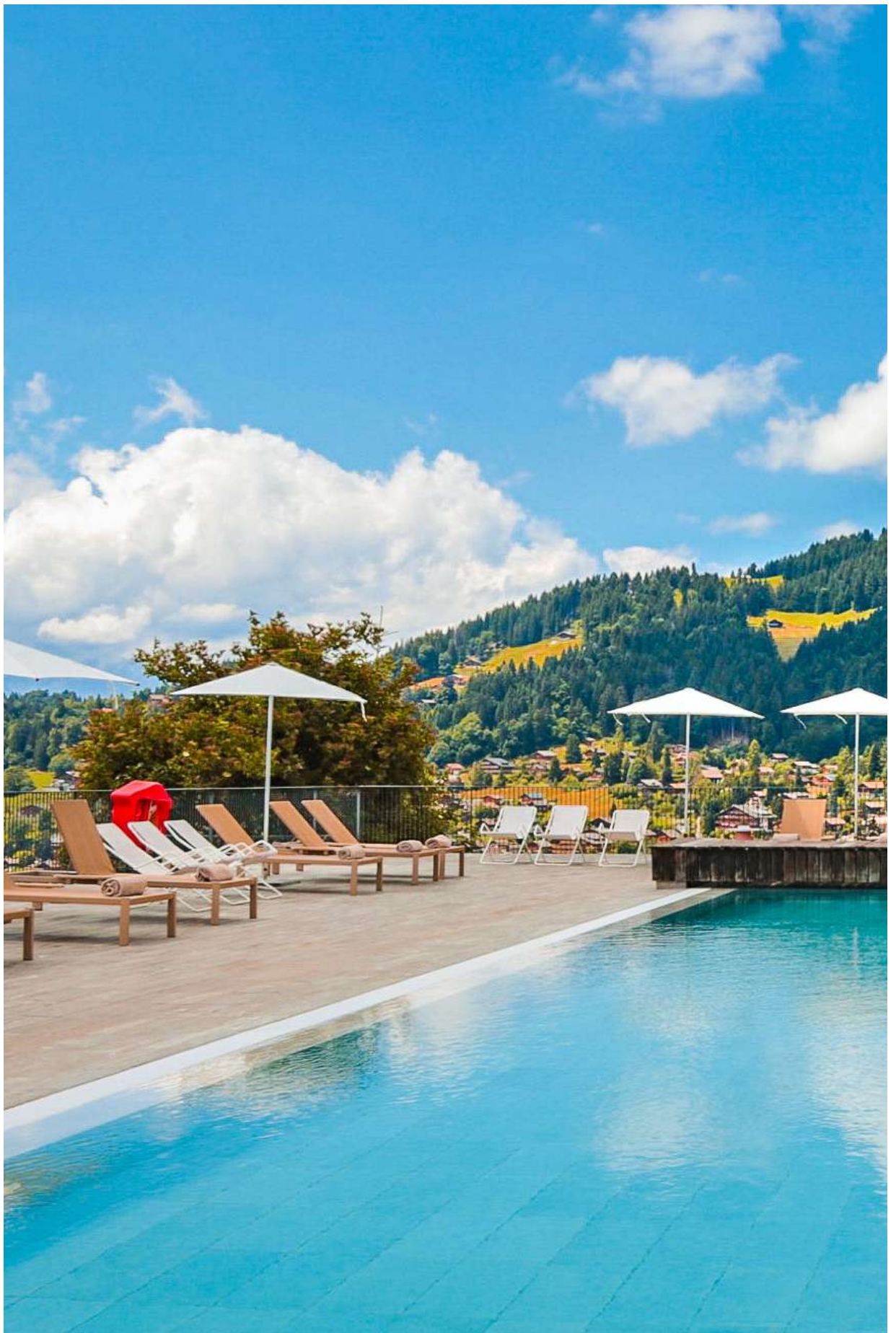
2h15 | CHF 580.-

KAEĀ New Zealand

The ultimate luxury experience in total relaxation and revitalisation, offering exceptionally powerful, botanically-active ingredients for skin and body wellbeing. Harnessing the unique power of New Zealand's native ingredients, this therapeutic signature treatment includes deep relaxation, full body massage and a tailor-made facial using specialised massage techniques to meet your skin's needs. The ultimate all-sensory treatment for deep nourishment and rejuvenation of body and mind.

Time

2h15 | CHF 460.-





Bespoke For You

At the KAEÃ Spa, we place an emphasis on creating treatments that are bespoke to you. Our team of highly trained therapists ensure that every moment is tailored to your needs so you can look and feel your very best.

Create your own tailored treatment protocol and match our therapies to your life. From a relaxing massage to a reviving Oak Moss Sugar Scrub and facial. Or perhaps The Elements treatment to soothe away a day on the piste, allow our therapists to guide you and create an unforgettable spa experience.

Add ons /

Extend the Pleasure

Anti-Fatigue Remineralizing Body Wrap | Bellefontaine

Especially recommended after muscular efforts, this treatment activates the microcirculation, improves detoxification, moisturizes the skin and relaxes. You instantly regain a feeling of vitality and lightness.

Time

30 minutes | CHF 130.-

Deluxe Scrubs

- Sweet oak moss
- Salty fern & underwood

Our handmade Swiss scrubs are made of coconut oil and organic refined shea butter.

Time

45 minutes | CHF 140.-

The Elements | KAEÄ

Discover the unique benefits of a KAEÄ facial treatment with this targeted, express 15-minute rescue facial. An effective results-driven treatment developed to help your complexion recover from the effects of exposure to the elements, it envelops the skin in a blend of potent botanical oils and balms, each chosen for their natural affinity to the skin which absorb readily for enhanced efficacy. Using powerful, plant-based New Zealand ingredients, this facial will deeply moisturise, nourish and revitalise your skin and leave you feeling ready to face another day on the slopes. A great introduction to the beautiful, reparative properties of KAEÄ skincare.

Time

15 minutes | CHF 70.-

Reward Bookings

For every eighth body or face treatment booked a complimentary treatment is offered*. **Treatment to be chosen by spa based on value spent.*

External guests

Admission for treatments every day between 10am and 9pm subject to availability. Daily entry is from 10am to 9pm.

Children

We welcome children to the pool from 9am to 9pm, however our water trail is reserved for adults only. Access to the fitness centre is reserved for those over 16 years old.

Your stay with us

We aim to provide a peaceful setting for all spa guests, and so we ask you to please keep your mobile devices on silent. Please also limit the taking of photos and videos. We are committed to protecting the privacy of our users. KAEĀ Spa is a sanctuary of peace and tranquility, so please consider your fellow guests and keep noise to a minimum so as not to disturb them. Smoking is not permitted. The spa team reserves the right to refuse access to anyone whose dress or behaviour may disturb or endanger other guests at the spa or surrounding areas.

Pregnant women

Not all treatments are recommended during this special time and massages should only be performed after three months (12 weeks). Our spa team will be pleased to guide you with the most suitable treatments.

Arrival

We recommend that you arrive up to 30 minutes before your treatment starts in order to complete a brief consultation form, change, relax and enjoy our stunning spa facilities.

Valuables

Lockers are available on request although we kindly ask you not to bring valuables. The management accepts no responsibility in case of loss or theft.

Dress code

Bathing suits are required for use in thermal areas. Bathrobes and slippers are available in your room. Towels are at your disposal in the water trail.

Allergies and special care

Please advise us of any health problems, allergies or injuries that may interfere with your use of the spa facilities or affect your treatment when making your reservation.

Aftercare

We recommend that you avoid direct sunlight and sunbathing after any massage, facial or waxing for at least six hours. To extend your spa experience at home, a variety of products are available to purchase at the Spa reception.

Payment

For hotel guests, all treatments will be charged to your room and will appear on your account when you check out of the hotel. Major credit cards or cash are accepted at the Spa reception. Please note that all treatments include 7.7% VAT.

Food and drink

Outside food is not permitted.

Lateness & cancellation policy

A 50 % charge will be incurred for any treatment not cancelled at least 5 hours prior to your scheduled time for a treatment and 24 hours for travel rituals.

In case of late arrival, we will do our best to offer you a full treatment. Please be aware that your late arrival may result in the reduction of your treatment time as a courtesy to our next guest.

kaeā

VILLARS ALPINE SPA

Opening hours

The KAEĀ Spa is open daily and treatments are provided from 10:00 am to 9:00 pm.

Reservations

For enquiries or reservations, please dial the Spa key as indicated on your phone screen or **call us** +41 (0)24 496 22 23 or **email** wellness@var.ch or **website** <https://spa.var.ch/>
Reservations are recommended to guarantee your preferred treatment time.